

## Introduction

To keep our members up to date with the ever changing circumstances, our members' e-briefing will now be released twice a week rather than weekly. Through this we hope to distribute relevant updates on the impact of Covid-19, as well as other relevant news.

## Children in Wales News

### Message from Owen Evans, Chief Executive, Children in Wales

Many of us have been deeply moved and humbled by the activity of the Black Lives Matter movement in the wake of the murder of George Floyd by police in Minnesota. Unequivocally, Children in Wales stands in support of Black Lives Matter and in solidarity with anti-racists in Wales and around the world.

However, actions speak louder than words. We know that there are deeply-engrained issues of racism and prejudice here in Wales. The recent report by Show Racism the Red Card highlights the racism and prejudice experienced by children and young people in schools across Wales. This is a stark reality. We must all do more.

As an organisation we are committed to taking action, not just in the short-term but over the long-haul. We will be reflecting and having frank and open conversations about the steps we can take as a charity.

Here are a few initial actions we will be undertaking:

1. We will be reviewing and updating our Equality Policy, ensuring an renewed focus upon equality, diversity and inclusion across all our activity.
2. We will establish an internal working group to undertake a review of all aspects of our work, making recommendations in relation to equality, diversity and inclusion with a rights based approach.
3. And we are committed to working in partnership with our members and the children & young people we work with across Wales in order to take steps to address the issues of racism together.

The steps listed above are a start, not an end in themselves. It is vital we maintain an ongoing dialogue and we would very much welcome any thoughts, comments, suggestions or ideas.

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Owen Evans  
Chief Executive, Children in Wales



## Useful Links

[A daily statement](#) by Public Health Wales on the Covid-19 outbreak can be found on their website. They have also released a number of useful resources and guidance that can be found here: <https://phw.nhs.wales/topics/latest-information-on-novel-coronavirus-covid-19/>

Welsh Government have a dedicated webpage for advice, news and resources on the Covid-19 outbreak that can be found here: <https://gov.wales/coronavirus>

The Children's Commissioner for Wales website now has an information hub for information and advice and can be found here: <https://www.childcomwales.org.uk/coronavirus/>

NHS Direct have launched an online symptom checker that can be found on their website: <https://www.nhsdirect.wales.nhs.uk/SelfAssessments/symptomcheckers/>

[Money Saving Expert](#) is producing financial advice guides online on subject matters including Mortgages & other debts, rental help, energy top-ups & more.

[COVID-19 Safeguarding Children - Bi-lingual-Information for display](#)

[Welsh Government safeguarding information for practitioners](#)

Support for victims of Domestic Abuse - The Live Fear Free helpline is available 24 hours a day – call free on 0808 8010 800 any time, if you can do it safely. You can also text 0786 007 7333, email [info@livefearfreehelpline.wales](mailto:info@livefearfreehelpline.wales) or webchat - <https://gov.wales/live-fear-free/contact-live-fear-free>. If you can't talk in safety, but you need help immediately, police forces across Wales will respond to a silent 999 call – dial 999 followed by 55 to indicate that you can't talk, but need help.

Citizen's Advice: [What coronavirus means for you](#)

[Information from the Welsh Government about vulnerable children and safeguarding during the coronavirus pandemic.](#)

[Meic Cyrmu](#) is the advocacy, information and advice helpline for children in Wales, helping the children of Wales through the coronavirus pandemic. They are contactable through their Freephone helpline on 080880 23456, free text service on 84001, and their online chat service via their website.

## Education

[Racism in schools](#) widespread across Wales and increasing warns charity

## Health

Calls to [children's charity](#) about domestic abuse 'soar' to record high during lockdown

## Welsh Government and Public Health Wales

[Guidance published](#) to help schools, colleges and childcare settings

[Written Statement:](#) The Childcare Offer and Coronavirus Childcare Assistance Scheme

[Public Health Wales](#) and Health Boards are working together to provide FREE online parenting courses for parents, parents-to-be, grandparents and carers. The online courses provide users with information on the developmental and emotional milestones for understanding their child in a fun, safe and informative way and are based on the evidence-based Solihull approach that so many of our health visitors and midwives are familiar with.

## Wellbeing

[Children's story](#) about Covid-19 translated into Welsh