



Children in Wales

Bi-weekly e-briefing for Members

Tuesday 7 April 2020

Issue 5

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Introduction

To keep our members up to date with the ever changing circumstances, our members' e-briefing will now be released twice a week rather than weekly. Through this we hope to distribute relevant updates on the impact of Covid-19, as well as other relevant news.

Children in Wales News

In accordance with Government and PHW advice, all Children in Wales staff are working from home until further notice and the offices in Cardiff and Bangor are closed. However, we are still working. Find out more, and how to contact us [here](#).

New resource produced - Wellbeing during Coronavirus

The resource has been produced as part of the Getting Ready project, and is aimed at care experienced young people or any young person looking for advice or support during the outbreak. [You can download the resource here](#).

Useful Links

[A daily statement](#) by Public Health Wales on the Covid-19 outbreak can be found on their website. They have also released a number of useful resources and guidance that can be found here:

<https://phw.nhs.wales/topics/latest-information-on-novel-coronavirus-covid-19/>

Welsh Government have a dedicated webpage for advice, news and resources on the Covid-19 outbreak that can be found here: <https://gov.wales/coronavirus>

The Children's Commissioner for Wales website now has an information hub for information and advice and can be found here: <https://www.childcomwales.org.uk/coronavirus/>

NHS Direct have launched an online symptom checker that can be found on their website: <https://www.nhsdirect.wales.nhs.uk/SelfAssessments/symptomcheckers/>

[Money Saving Expert](#) is producing financial advice guides online on subject matters including Mortgages & other debts, rental help, energy top-ups & more.

[COVID-19 Safeguarding Children - Bi-lingual-Information for display](#)

[Welsh Government safeguarding information for practitioners](#)

Support for victims of Domestic Abuse - The Live Fear Free helpline is available 24 hours a day – call free on 0808 8010 800 any time, if you can do it safely. You can also text 0786 007 7333, email info@livefearfreehelpline.wales or webchat - <https://gov.wales/live-fear-free/contact-live-fear-free>. If you can't talk in safety, but you need help immediately, police forces across Wales will respond to a silent 999 call – dial 999 followed by 55 to indicate that you can't talk, but need help.

Citizen's Advice: [What coronavirus means for you](#)

Welsh Government and Public Health Wales

Welsh Govt: [Support for victims of domestic abuse](#)

Welsh Govt: [Critical workers to get free childcare during the pandemic](#)

Welsh Govt: [Written statement from Vaughan Gething AM, Minister for Health and Social Services on critical care capacity and ventilation](#)

Public Health Wales: [New Novel Coronavirus \(COVID-19\) data dashboard launched](#)

Mental Well-being Updates

[Meic Cymru helpline](#) is available to support children and young people during the COVID-19 crisis.

NHS, Every Mind Matters: [Mental wellbeing while staying at home](#).

Mind: [Coronavirus and your Wellbeing](#)

[Practical tips to help manage feelings of loneliness, and ways to get support](#).

[NHS recommended mental health helplines](#)

Education Updates

Updates from [Qualifications Wales](#), including [Grades: A message to learners](#), [Grades: A message to Heads of Centres](#), [Information for Centres on submission of Centre Assessment Grades](#) and [Centre Assessment Grades – Frequently Asked Questions](#).

[Distance learning through Hwb](#)

Health Updates

[Guidance on Chief Medical Officer's letter to the extremely vulnerable people, the support explained](#).

[NHS Wales rapidly increases capacity to cope with coronavirus](#)

[WHO and UNICEF to partner on pandemic response through COVID-19 Solidarity Response Fund](#)

[Public Health Wales warns smokers: Emerging evidence shows greater risk of severe respiratory disease from COVID-19](#)

Finance Updates

Mind: [Support for work, benefits and housing](#)

Policy, Research and Information

Statement by [UNICEF](#) Executive Director Henrietta Fore: [COVID-19 pandemic could devastate refugee, migrant and internally displaced populations without urgent international action](#)

UK Govt release [new advice to support mental health during coronavirus outbreak](#)