

# Poverty means not having enough money for things that you need like food or heating or clothes

## We asked children and young people about poverty. This is what they said

### Poverty at school

- Lots of children and young people get bullied because they don't have the right uniform
- This can make them feel upset or worried
- Bullying is horrible, it's not fair and shouldn't be happening
- All schools should have uniform recycling points
- School trips should be free so that everyone can go
- Everybody deserves to be treated with respect



### Poverty at home

- Electricity is very expensive and some families can't afford to use it all of the time
- This means that sometimes, they have no heating or lighting or internet at home
- This makes doing homework very difficult and they want adults to understand this
- There is often not enough food at home, so lots of children are hungry
- Children and young people can't always afford to meet up with friends. This can make them feel lonely

Poverty means not having enough money for things that you need like food or heating or clothes

# We asked children and young people about poverty. This is what they said needs to change

- No more bullying. It's not fair that children are bullied because they can't afford things
- All children and young people should have enough food. They should all get free school meals
- All schools should have uniform recycling points so that all children can afford a school uniform
- Ban logos on school uniforms. They make uniforms expensive and you can't buy them in supermarkets
- Everybody, including adults need to understand what it's like to live in poverty
- The minimum wage should be increased so that families can afford to buy food
- Benefits should be increased so that families can afford to pay for rent and food
- Need cheaper public transport so that children and young people can get to school and parents can get to work
- **Treat everybody equally. We all deserve respect and to be treated with kindness, whatever our circumstances**

