



Os wyt ti'n 'derbyn gofal' gan Gyngor Sir Gâr, efallai byddi di'n gallu cael rhywfaint o gymorth ariannol ychwanegol ...

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## Ydw i'n gymwys?

Bydd cael cymorth ychwanegol gan dîm Cam Nesa Cyngor Sir Gâr yn dibynnu ar y canlynol:

- Rwyd ti'n 'derbyn gofal' gan Gyngor Sir Gâr (**os nad wyt ti'n derbyn gofal gan y cyngor yma, bydd gan dy awdurdod lleol ei restr ei hun o'r cymorth ariannol sydd ar gael i'r rhai sy'n gadael gofal**)
- Bydd y cymorth gei di'n dibynnu ar dy incwm o fudd-daliadau, grantiau a lwfansau
- Bydd hefyd yn dibynnu oes angen y cymorth penodol hwnnw arnat ti neu beidio



I gael gwybod am y cymorth sydd ar gael i ti, siarad â'th Gynghorydd Personol

## Asesiad Ariannol

Bydd y tîm yn cynnal 'asesiad ariannol' sy'n rhoi sylw i'r canlynol

- yr arian sydd gen ti'n dod i mewn
- yr arian mae'n rhaid i ti ei dalu allan ar filiau ac ati (pethau hanfodol)
- ar ôl ystyried y rhain, bydd yn gweithio allan oes angen rhagor o gymorth arnat ti neu beidio

Gall yr asesiad ariannol farnu nad yw rhai pethau yn hanfodol. HOLA dy Gynghorydd Personol



## Cyflogaeth

- Fel person ifanc sydd â phrofiad o ofal rwyd ti'n gallu gofyn am brofiad gwaith neu gyfnod dan hyfforddiant gyda'r cyngor neu un o'i bartneriaid
- Siarad â'th gynghorydd personol i gael rhagor o wybodaeth

## Gyrru

Os byddi di a'r tîm Cam Nesa yn cytuno bod angen i ti yrru, er mwyn cyrraedd y gwaith neu'r Coleg efallai, mae'n bosib byddan nhw'n:

- cael help i ti gyda chost trwydded yrru
- cael rhywfaint o arian tuag at rai o'th wersi gyrru
- helpu gyda chost yswiriant car

CYMORTH  
GAN DÎM Y  
CAM NESA

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Prosiect  
Paratoi



Os wyt ti'n 'derbyn gofal' gan Gyngor Sir Gâr,  
efallai byddi di'n gallu cael rhywfaint o gymorth  
ariannol ychwanegol ...

### Iechyd a Llesiant

I gefnogi iechyd a llesiant cadarnhaol, bydd  
tîm y Cam Nesa:

- yn cynnig aelodaeth campfa a nofio am  
ddim i ti yng nghanolfannau'r awdurdod lleol  
(os wyt ti'n berson cymwys sy'n gadael  
gofal)
- yn dy gefnogi i gwrdd â'th deulu, pan fydd  
angen
- yn gallu helpu o bosib gydag apwyntiadau  
optegydd a chost sbectol
- yn gallu helpu o bosib gyda chymorth  
meddygol arbenigol os yw'n hanfodol a heb  
fod yn bosib trwy'r

Gwasanaeth Iechyd Gwladol (GIG)

## Gronfa Dydd Gŵyl Dewi

- Mae'r arian yma ar gael i'th helpu i fyw bywyd  
annibynnol a llwyddiannus
- Ar y cychwyn, roedd yr awgrymiadau ar gyfer  
defnyddio'r arian yn cynnwys: gwersi gyrru,  
dillad ar gyfer cyfweliadau, offer ar gyfer  
gwaith/coleg ac ati



## Cymorth gan dîm y Cam Nesa

Fel un sy'n 'gadael gofal' yn Sir Gâr, efallai byddi  
di'n gallu cael rhywfaint o help tuag at gostau  
eitemau hanfodol wrth sefydlu cartref.

Bydd y cymorth yma yn dibynnu ar dy anghenion  
a'th sefyllfa ariannol, ond gallai gynnwys:

- Dillad gwely ac ati
- Celfi
- Carpedi
- Offer cegin
- Nwyddau gwyn (oergell, peiriant golchi dillad ac  
ati)

Siarad â'th gynghorydd personol i gael rhagor o  
wybodaeth.

## Grant Gadael Gofal

- Hola dy gynghorydd personol am y grant yma a  
sut mae gwneud cais amdano.
- Ar hyn o bryd, mae'n bosib i ti gael hyd at £2000  
tuag at gost eitemau i'th gartref



## Addysg

Mae gen ti hawl i gael Bwrsariaeth Addysg Uwch.  
Mae'n werth £2000

Gallai'r cymorth posib gynnwys y canlynol:

- ffioedd cofrestru, ffioedd cwrs ac ati
- cwrs neu offer arbenigol sy'n angenrheidiol
- costau teithio i'r Coleg
- cost teithiau addysgol tra byddi di yn y  
Coleg/Brifysgol

Siarad â'th Gynghorydd Personol i gael gwybod  
rhagor.

CYMORTH  
GAN DÎM Y  
CAM NESA



If you are 'looked after' by Carmarthenshire Council, you may be able to get some extra financial support.....

## Am I eligible?

Whether or not you get extra help from the Next Step team in Carmarthenshire Council depends on:

- If you are 'looked after' by Carmarthenshire Council **(if you are not, your local authority will have its own list of financial help available for care leavers)**
- What you get will depend on your income from benefits, grants and allowances
- It will also be based whether you need that particular support or not



To find out what help you can get, speak to your Personal Advisor

## Financial Assessment

The team will do a 'financial assessment' which looks at

- what you have coming in
- what you must pay out in bills etc (essential things)
- after looking at this, work out if you need further help or not.

The financial assessment may consider some things as not essential. Check with your Personal Advisor



## Employment

- As a care experienced young person you can ask for a work experience or traineeship opportunity with the council or one of their partners
- Speak to your personal advisor for more information

## Driving

If you and the Next Step team agree you need to drive perhaps to get to work or College, they might:

- get help with the cost of getting your driving licence
- get some money towards some of your driving lessons
- help towards the cost of car insurance

SUPPORT  
FROM  
NEXT STEP  
TEAM



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### Health and wellbeing

To support positive health and wellbeing, the Next Step team:

- will give you access to a free swimming and gym membership at local authority venues (assuming you are an eligible care leaver)
- support you to meet your family, where necessary
- may be able to help with optician appointments and cost of glasses
- may be able to help with specialist medical support if it is essential and not possible through the NHS

## St Davids Day Fund

- This is money available to help you live independent and successful lives.
- When it was set up, suggestions for its use included: driving lessons, interview clothes, equipment for work/college etc.



## Leaving Care Grant

- Ask your personal advisor about this grant and how to apply for it.
- Currently you can receive up to £2000 towards the cost of items for your home



## Financial help from Next Step Team

As a Carmarthenshire 'care leaver' you may be able to get some help towards the costs of essential items when you are setting up home.

What you get will be based on need and your financial situation but may include:

- Linen
- Furniture
- Carpets
- Kitchen equipment
- White goods (fridge, washing machine etc)

Speak to your personal advisor to find out more.

## Education

You are entitled to a Higher Education Bursary worth £2000

Possible help might include:

- with registration fees, course fees etc
- specialist equipment needed or a course
- transport costs to College
- cost of educational trips while at College/Uni

Speak to your Personal Advisor to find out more.

**SUPPORT  
FROM  
NEXT STEP  
TEAM**