# Poverty & Bullying

**<u>Poverty</u>** is not having enough money for things you need like food or heating

**<u>Bullying</u>** is behaviour that hurts someone else like name calling, pushing, hitting or spreading rumours

## We asked children and young people about being bullied because of poverty

## This is what they said:

#### At school

- Poverty means that they can't always afford the right uniform
- They can't always afford to go on school trips
- Lots of children are bullied because of this
- This can make them feel sad, isolated and worried

### Out and about



- Poverty means that they can't always afford to go out with their friends
- Many children in poverty can feel alone because they can't go out or afford to meet up with friends
- Lots of children are bullied because of this
- This can make them feel different and upset

www.childreninwales.org.uk

#### At home

- Poverty means that they can't always invite their friends round
- They can't always afford to share snacks or give their friends something to eat
- This can make them feel scared of people making jokes or bullying them
- It can make them feel anxious and horrible



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"Poverty is not to be ashamed of as many people end up in poverty with no fault of their own." (14-16yrs)

# We asked children and young people what needs to change

### This is what they said:

- Promote compassion and understanding
- Check that young people are always OK
- Give them the right support and counselling
- Educate children in schools about the impact of poverty
- Knowing the impact would make them more open minded
- Make people aware about what it feels like

- Children facing poverty should be provided with school uniforms
- Provide shoe tokens so that no one would be different
- Help provide money for school trips
- There should be projects that fund free school trips
- Create lesson plans and session on understanding poverty

### A huge THANK YOU to everyone who took part in the survey

