

*The Parent Network*

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## Who we are?

- In April 2000 parents were asked about opinion's regarding local services and from there The Parent Network was born, the first forum meeting was held in March 2001.
- Since this time, the network has grown.
- We provide 25 groups for not only parents but wider community members all over Caerphilly County Borough.
- Our Team comprises largely of workers who attended groups as parents who were empowered and encouraged to volunteer and take up job opportunities.
- We offer a wide range of support to parents and members of the community.



- **What we do and what we can offer :**

- We can offer parents a place to connect.
- We can support voices and opportunities around the 'what matters' conversation using a restorative approach engagement
- Support parents to create local forums.
- Group meetings providing a range of crafts , cooking or sewing workshops. What ever the group feel would benefit them.
- Outdoor activities
- Courses





**Beth Rigby** is with Emma Dannel.

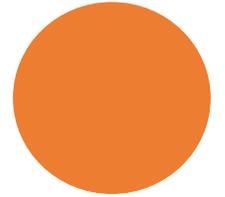
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What an absolute pleasure me and **Emma Dannel** had today meeting the Welsh Minister of social justice - Jane Hutt. Massive thank you for the warm welcome and the listening ears you gave us. 🙏



- We are able to help support members to gain new qualifications and learn new skills to help parents become empowered. This can support the individuals' own goals and increase resilience.
- Empowering parents to have a voice to shape local services and policies that impact on their families and their community.
- Supporting decision to be made with families not for families.
- Also this year for the first time in history our members where able to be part of the educational strategy consultation, making sure the voices of those of families are heard when making important decisions that affect them.

- We also host PlaNet event's twice per year to gather parents together to share information and ask for opinions on a range of topics.
- Help parents to make healthier connections.
- Coordinate a parent volunteer project to give parents opportunity and training to become a volunteer or parent rep.
- Parents can receive training to be a Parent Champion –a peer to peer Service where parents signpost parents to Early Years education, support services and more.
- Mindfulness Garden.
- Pantomime for Christmas.
- Easter Egg Hunt for Easter.
- Trips for 6 weeks holiday.
- Uniform swaps.
- Care packs.







## Who do we work with ?

- Mums.
- Dads.
- Mums living with children or absent.
- Dads living with children or absent.
- Single parents.
- Young parents.
- Older parents.
- Grandparents.
- Foster parents.
- Step mum or dad .
- With parents when children removed from family temporarily
  - or permanently.
- Anyone with responsibility for a child or young person aged 0-25
- Carers.
- Kinship carers.
- Anyone in the community.



**Llamau**  
Imagine a World Without  
Homelessness



## Our Partners;

- Families First
- Early Years /Flying Start
- And many other partners including
- NYAS – children and young people advocacy, parent advocacy
- Smart Money
- Supporting People
- Platform for Families – wellbeing project
- Llamau Domestic Abuse Services
- Carers organisations
- People's First
- PETRA ( Parent's Engaging to Raise Aspirations)
- Children in Wales
- Adult Learning Wales
- GAVO
- Caerphilly Cares



## Why should people join The Parent Network???

- To meet others
- To get their voice heard and shape services.
- To build healthier connections.
- To volunteer.
- To share and learn new skills.
- For new opportunities.
- For personal and professional development.
- To gain support.
- To become more involved with their community.

## Parents testimonials :

“Family with the best support ever great help and fab company if and when needed”

“There are amazing, there are like a family there always there to help you and chat too”

“An extended family, who’s always there to help and support you”

“A great supportive extension to family and family that are always willing to help you with what ever you support for a shoulder to voice your feelings too. That’s is whatever you need support for”