

Nodiadau am y cymariaethau:

- Doedd hi ddim wastad yn bosib cymharu eitemau o'r un maint yn union
- **Pwrpas cymharu prisiau fel hyn yw bod yn ganllaw i ddangos sut mae prisiau'n gallu cymharu yn dibynnu ar yr eitem rwyd ti'n dewis**
- Roedd y prisiau'n gywir ar 12 Rhagfyr 2019 ond mae prisiau'n gallu newid yn rheolaidd ym mhob siop
- Nwyddau safonol pob archfarchnad oedd yr eitemau heb eu brandio a gafodd eu dewis
- Mae'r archfarchnadoedd a'r nwyddau a gafodd eu dewis yn enghreifftiau yn unig - dydy Plant yng Nghymru ddim yn eu cymeradwyo.

For **ENGLISH**  
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Yma, rydyn ni wedi cymryd rhai eitemau poblogaidd mewn archfarchnad boblogaidd a chymharu nwyddau wedi'u brandio a nwyddau cyfatebol sydd heb eu brandio.

## Pwysau

Sawl gram (g) sydd  
mewn cilogram (kg)?

- 1 KG = 1000g
- 3/4 KG = 750g
- 1/2 KG = 500g
- 1/4 KG = 250g

## Cyfaint

Sawl mililitr (ml)  
sydd mewn litr (L)?

- 1 L = 1000ml
- 3/4 L = 750ml
- 1/2 L = 500ml
- 1/4 L = 250ml

Peintiau a litrau?

1 pint = 568ml

## Cymharu Prisiau - Archfarchnad

### Nwyddau wedi'u brandio yn TESCO

### Cynnyrch heb eu brandio o TESCO

- |  |         |
|--|---------|
| • Te – Bagiau Te Tetley (pecyn o 80 bag)         | • £2.65 |
| • Llaeth hanner sgim (2 beint) - heb ei frandio  | • 80p   |
| • Grawnfwyd - Kellogg's Corn Flakes (450g)       | • £1.89 |
| • Bara – Bara Gwyn Brace's (800g)                | • £1.10 |
| • Caws - Cathedral City Medium Strength (550g)   | • £3    |
| • Brestiau cyw iâr (650g) - heb eu brandio       | • £3.80 |
| • Tatws (2kg) - heb eu brandio                   | • £1.50 |
| • Pys - Birdseye Frozen Peas (800g)              | • £2.05 |
| • Selsig - Richmond Sausages (8 mewn pecyn/454g) | • £2    |
| • Coca Cola (2x 1.5L)                            | • £3    |
| • Bisgedi - McVities Chocolate Digestives (433g) | • £1.50 |
| • Siwgr - Silver Spoon (1kg)                     | • 69p   |
| • Sôs coch - Heinz Tomato Ketchup (910g)         | • £2.80 |
| • Ffa pob - Heinz Baked Beans (4 tun)            | • £2.30 |

CYFANSWM £29.08

O  
gymharu  
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ARBEDION TRWY  
BRYNU NWDYDDAU  
HEB EU BRANDIO

£9.90 neu  
34%

- |         |                                     |
|---------|-------------------------------------|
| • £1.10 | • Bagiau Te (80 Bags)               |
| • 80p   | • Llaeth hanner sgim (2 pints)      |
| • 60p   | • Grawnfwyd - Corn Flakes (500g)    |
| • 59p   | • Bara Gwyn (800g)                  |
| • £2.30 | • Caws (460g)                       |
| • £3.80 | • Brestiau cyw iâr (650g)           |
| • £1.50 | • Tatws (2kg)                       |
| • £1.20 | • Pys (1kg)                         |
| • £3    | • Selsig (2 x 8 mewn pecyn/2x 454g) |
| • £1    | • Cola (2L) x 2                     |
| • 60p   | • Bisgedi (300g)                    |
| • 69p   | • Siwgr (1kg)                       |
| • £1    | • Sôs coch (990g)                   |
| • £1    | • Ffa pob (4 tins)                  |

CYFANSWM £19.18

## Dosbarthu

Mae rhai archfarchnadoedd yn cynnig gwasanaeth dosbarthu. Meddylia am y canlynol:

- Cost dosbarthu
- Y swm lleiaf mae angen ei wario. Wyt ti'n gallu ei fforddio?



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Prosiect  
Paratoi

Nodiadau am y cymariaethau:

- Doedd hi ddim wastad yn bosib cymharu eitemau o'r un maint yn union
- **Pwrpas cymharu prisiau fel hyn yw bod yn ganllaw i ddangos sut mae prisiau'n gallu cymharu yn dibynnu ar yr eitem rwyt ti'n dewis**
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For **ENGLISH**  
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Yma, rydyn ni wedi cymryd rhai eitemau poblogaidd mewn dwy archfarchnad boblogaidd a chymharu eu prisiau



Wrth edrych ar y pris fesul kg ar gyfer pob eitem, Lidl oedd y rhataf ar gyfer pob cynnyrch ddefnyddion ni yn yr enghraifft.

## Cymharu Prisiau

### Cynnyrch heb eu brandio o ASDA

### Cynnyrch heb eu brandio o LIDL

- |                                  |         |
|----------------------------------|---------|
| • Bagiau Te (80 Bags)            | • £1    |
| • Llaeth hanner sgim (2 pints)   | • 79p   |
| • Grawnfwyd - Corn Flakes (450g) | • 77p   |
| • Bara Gwyn (800g)               | • 55p   |
| • Caws (460g)                    | • £2.49 |
| • Brestiau cyw iâr (650g)        | • £3.59 |
| • Tatws (2.5kg)                  | • £1    |
| • Pys (1kg)                      | • 99p   |
| • Selsig (8 mewn pecyn/454g)     | • £1.50 |
| • Cola (2L)                      | • 50p   |
| • Bisgedi (300g)                 | • 44p   |
| • Siwgr (1kg)                    | • 65p   |
| • Sôs coch (720g)                | • 67p   |
| • Ffa pob (4 tins)               | • £1    |

CYFANSWM £15.94

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gymharu  
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- |         |                                  |
|---------|----------------------------------|
| • 99p   | • Bagiau Te (160 Bags)           |
| • 79p   | • Llaeth hanner sgim (2 pints)   |
| • 50p   | • Grawnfwyd - Corn Flakes (500g) |
| • 49p   | • Bara Gwyn (800g)               |
| • £1.79 | • Caws (400g)                    |
| • £2.35 | • Brestiau cyw iâr (590g)        |
| • £1    | • Tatws (2.5kg)                  |
| • 79p   | • Pys (900g)                     |
| • £1.35 | • Selsig (8 mewn pecyn/454g)     |
| • 39p   | • Cola (2L)                      |
| • 42p   | • Bisgedi (300g)                 |
| • 65p   | • Siwgr (1kg)                    |
| • 45p   | • Sôs coch (560g)                |
| • 98p   | • Ffa pob (4 tins)               |

CYFANSWM £12.94

## Teithio

Meddylia am sut mae cyrraedd y siop rwyt ti wedi dewis. Os oes siop yn agos i'th gartref, gallai honno fod y dewis rhataf. Er enghraifft, os yw ASDA yn agos ac mae Lidl yn daith fws £4 i ffwrdd, ASDA yw'r siop rataf ar sail yr enghraifft uchod.

Y  
GWAHANIAETH  
RHWNG SIOPAU

£3 or  
19%

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Prosiect  
Paratoi

Notes regarding the comparison:

- It was not always possible to compare exactly the same size item
- **The price comparison is meant as a guide** to see how prices may compare depending on the item you choose
- Prices were correct on 12th December 2019 but prices can change regularly in each shop
- Unbranded items chosen were each supermarket's standard product
- The supermarkets and products chosen are examples only and are not endorsed by Children in Wales.



Here we have taken some popular items in a popular supermarket and compared branded and non branded equivalents.

## Weight

How many grams (g) in a kilogram (kg)?

- 1 KG = 1000g
- 3/4 KG = 750g
- 1/2 KG = 500g
- 1/4 KG = 250g

## Volume

How many millilitres (ml) in a litre (L)?

- 1 L = 1000ml
- 3/4 L = 750ml
- 1/2 L = 500ml
- 1/4 L = 250ml

**Pints and litres?**

1 pint = 568ml

# Price Comparison- Supermarket

## TESCO Branded Products

- |  |         |
|--|---------|
| • Tetley Tea Bags (80 Bags)                    | • £2.65 |
| • Semi skilled milk (2 pints)- non brand       | • 80p   |
| • Kellogg's Corn Flakes (450g)                 | • £1.89 |
| • Brace's White Bread (800g)                   | • £1.10 |
| • Cathedral City Medium Strength Cheese (550g) | • £3    |
| • Chicken Breasts (650g)- non brand            | • £3.80 |
| • Potatoes (2kg)- non brand                    | • £1.50 |
| • Birdseye Frozen Peas (800g)                  | • £2.05 |
| • Richmond Sausages (8 pack/454g)              | • £2    |
| • Coca Cola (2x 1.5L)                          | • £3    |
| • McVities Chocolate Digestives (433g)         | • £1.50 |
| • Silver Spoon Sugar (1kg)                     | • 69p   |
| • Heinz Tomato Ketchup (910g)                  | • £2.80 |
| • Heinz Baked Beans (4 tins)                   | • £2.30 |

**TOTAL £29.08**

## TESCO Non-branded Products

- |         |                                  |
|---------|----------------------------------|
| • £1.10 | • Tea Bags (80 Bags)             |
| • 80p   | • Semi skilled milk (2 pints)    |
| • 60p   | • Corn Flakes (500g)             |
| • 59p   | • White Bread (800g)             |
| • £2.30 | • Medium Strength Cheese (460g)  |
| • £3.80 | • Chicken Breasts (650g)         |
| • £1.50 | • Potatoes (2kg)                 |
| • £1.20 | • Frozen Peas (1kg)              |
| • £3    | • Sausages (2 x 8 pack/ 2x 454g) |
| • £1    | • Cola (2L) x 2                  |
| • 60p   | • Chocolate Digestives (300g)    |
| • 69p   | • Silver Spoon Sugar (1kg)       |
| • £1    | • Tomato Ketchup (990g)          |
| • £1    | • Baked Beans (4 tins)           |

**TOTAL £19.18**

# VS

**SAVING WHEN  
BUYING NON  
BRANDED**

**£9.90 or  
34%**



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Getting Ready  
Project

## Delivery

Some supermarkets offer delivery. Think about:

- The cost of delivery
- The minimum spend needed. Can you afford this?

Notes regarding the comparison:

- It was not always possible to compare exactly the same size item
- **The price comparison is meant as a guide** to see how prices may compare depending on the item you choose
- Prices were correct on 12th December 2019 but prices can change regularly in each shop
- Unbranded items chosen were each supermarket's standard product
- The supermarkets and products chosen are examples only and are not endorsed by Children in Wales.



Here we have taken some popular items in two popular supermarkets and compared their prices.



When looking at the price per kg of each item, Lidl was the cheapest for every product used in the example.

## Price Comparison

### ASDA Non-branded products

- |                                 |         |
|---------------------------------|---------|
| • Tea Bags (80 Bags)            | • £1    |
| • Semi skilled milk (2 pints)   | • 79p   |
| • Corn Flakes (450g)            | • 77p   |
| • White Bread (800g)            | • 55p   |
| • Medium Strength Cheese (500g) | • £2.49 |
| • Chicken Breasts (650g)        | • £3.59 |
| • Potatoes (2.5kg)              | • £1    |
| • Frozen Peas (1kg)             | • 99p   |
| • Sausages (8 pack/454g)        | • £1.50 |
| • Cola (2L)                     | • 50p   |
| • Chocolate Digestives (300g)   | • 44p   |
| • Sugar (1kg)                   | • 65p   |
| • Tomato Ketchup (720g)         | • 67p   |
| • Baked Beans (4 tins)          | • £1    |

**TOTAL £15.94**

### LIDL Non-branded Products

- |         |                                 |
|---------|---------------------------------|
| • 99p   | • Tea Bags (160 Bags)           |
| • 79p   | • Semi skilled milk (2 pints)   |
| • 50p   | • Corn Flakes (500g)            |
| • 49p   | • White Bread (800g)            |
| • £1.79 | • Medium Strength Cheese (400g) |
| • £2.35 | • Chicken Breasts (590g)        |
| • £1    | • Potatoes (2.5kg)              |
| • 79p   | • Frozen Peas (900g)            |
| • £1.35 | • Sausages (8 pack/454g)        |
| • 39p   | • Cola (2L)                     |
| • 42p   | • Chocolate Digestives (300g)   |
| • 65p   | • Silver Spoon Sugar (1kg)      |
| • 45p   | • Tomato Ketchup (560g)         |
| • 98p   | • Baked Beans (4 tins)          |

**TOTAL £12.94**

# VS

**DIFFERENCE  
BETWEEN SHOPS**

**£3 or  
19%**

### Travel

Think about how you get to the shop of your choice. If there is a shop close to you, this may be the cheapest option. For example if ASDA is close and Lidl is a £4 bus journey away, ASDA is the cheapest based on the example above

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Project