



## THE PRICE OF PUPIL POVERTY

### What does this mean and what can schools do?

#### Impact on learners

Hunger affects both children and young people's learning and behaviour.

Hungry learners can't concentrate so learning is impaired.

They will become more irritable and stressed.

#### Key areas to consider

##### FSM Promotion:

What does the school do to promote this?

##### Holiday Hunger:

What is available in your area for learners?

##### School Breakfasts:

Does it operate to benefit those in need?

##### Cause for Concern:

Can you recognise signs and are there processes in place to deal with this well and with sensitivity?



#### Some quick solutions

Ensure all parents/carers are aware of the free school meals programme and, for primaries, the [Universal Primary Free School Meal \(UPFSM\)](#) scheme

Monitor and track the take-up of free school meals

Ensure you have sufficient free breakfast club spaces

Recognise/identify and support learners from lower income families in a sensitive and positive manner

Introduce conversation around food insecurity as part of the curriculum

Provide training for staff to recognise signs of poverty and hunger

Support parents/carers to apply for free school meals and other benefits such as the Healthy Start scheme:

[Get help to buy food and milk](#)



The guides can be found on the Welsh Government's Education website: [HWB](#)

For further information please contact: [pupilpoverty@childreninwales.org.uk](mailto:pupilpoverty@childreninwales.org.uk)

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