

CHILD AND ADOLESCENT MENTAL HEALTH: AN INTRODUCTION

A one day course facilitated by YoungMinds



Children in Wales
Plant yng Nghymru

Thursday 10 July 2008 – North Wales
Friday 11 July 2008 – South Wales



COURSE AIMS

YoungMinds believes passionately that children's mental health is everybody's business and that bringing together a range of perspectives can help us in understanding what enables children to achieve better outcomes.

This course builds on the core principals of the NSF in Wales to deepen understanding of children and young people's mental health and increase confidence, competence and capacity in this important area of children's services. It will look at promoting mental health, the identification of children at risk of mental health problems, early intervention and supporting children and young people with less severe and complex problems

.Learning outcomes

At the end of this course participants will be able to:

- Describe the role that they can play in promoting mental health
- Identify children and young people experiencing, or at risk of, mental health problems
- Intervene early to support children and young people and/or their families

WHO SHOULD ATTEND

Everyone who works with babies, children, young people, parents or carers who want to work with others to achieve better outcomes for children

There are 24 places available in South Wales and 25 places in North Wales

FACILITATORS

This course will be facilitated by **Roger Catchpole**, Principal Consultant and **Jasbinda Rooprah** Senior Consultant from YoungMinds. YoungMinds is the UK's only national charity committed to improving the mental health and emotional wellbeing of children and young people. It has more than twenty years of experience of training frontline staff and is the leading provider of specialist training on children's mental health and well being.

DATES, VENUES and COST

9.00am – 4.00pm Thursday, 10 July 2008 – Venue Cymru, Llandudno, North Wales

9.00am – 4.00pm Friday, 11 July 2008 – Conference Centre, UWIC, Cyncoed Campus, Cardiff, South Wales

£120 members

£150 non members

This includes course pack and lunch and refreshments during the day

If you have any queries about the above course, please contact Children in Wales on 029 2034 2434