



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board



chwarae • dysgu • tyfu
play • learn • grow
dechrau'n deg • flying start



Wrexham Flying Start

Too Little or Too Much
Engagement or Dependence



Parents with Learning Disabilities

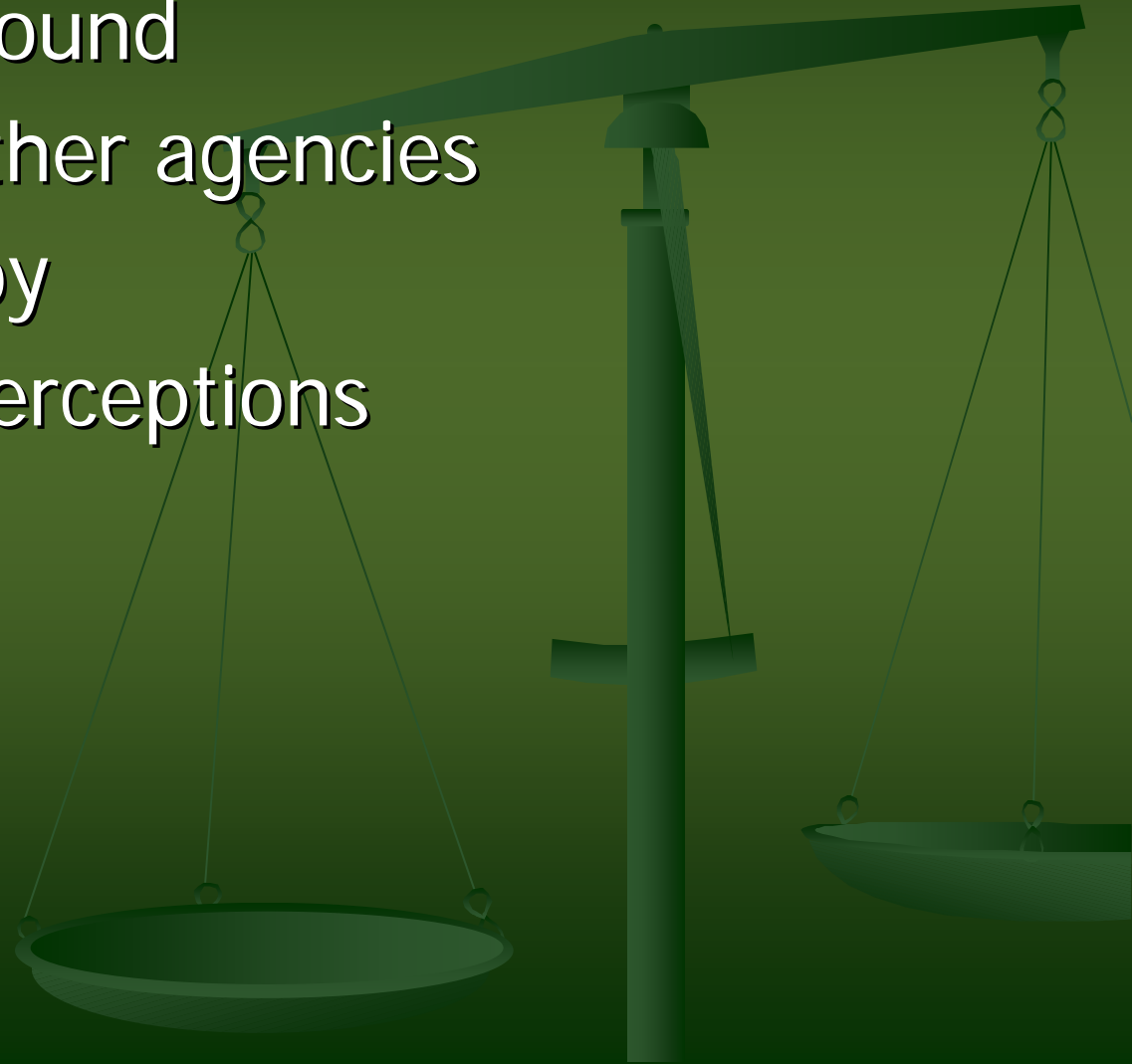
Research

- Growing up with parents who have learning difficulties — *Booth & Booth, 1997*
 - What works for parents with learning disabilities? — *McGraw, 2000*
 - Finding the right support — *Tarleton, Ward & Joyce, 2006*
 - 'Reaching Out : Think Family' — *Cabinet Office, 2007*
- 



Pen Picture of Wrexham Family

- Parental background
- Support from other agencies
- Expecting a baby
- Other agency perceptions
- Getting started



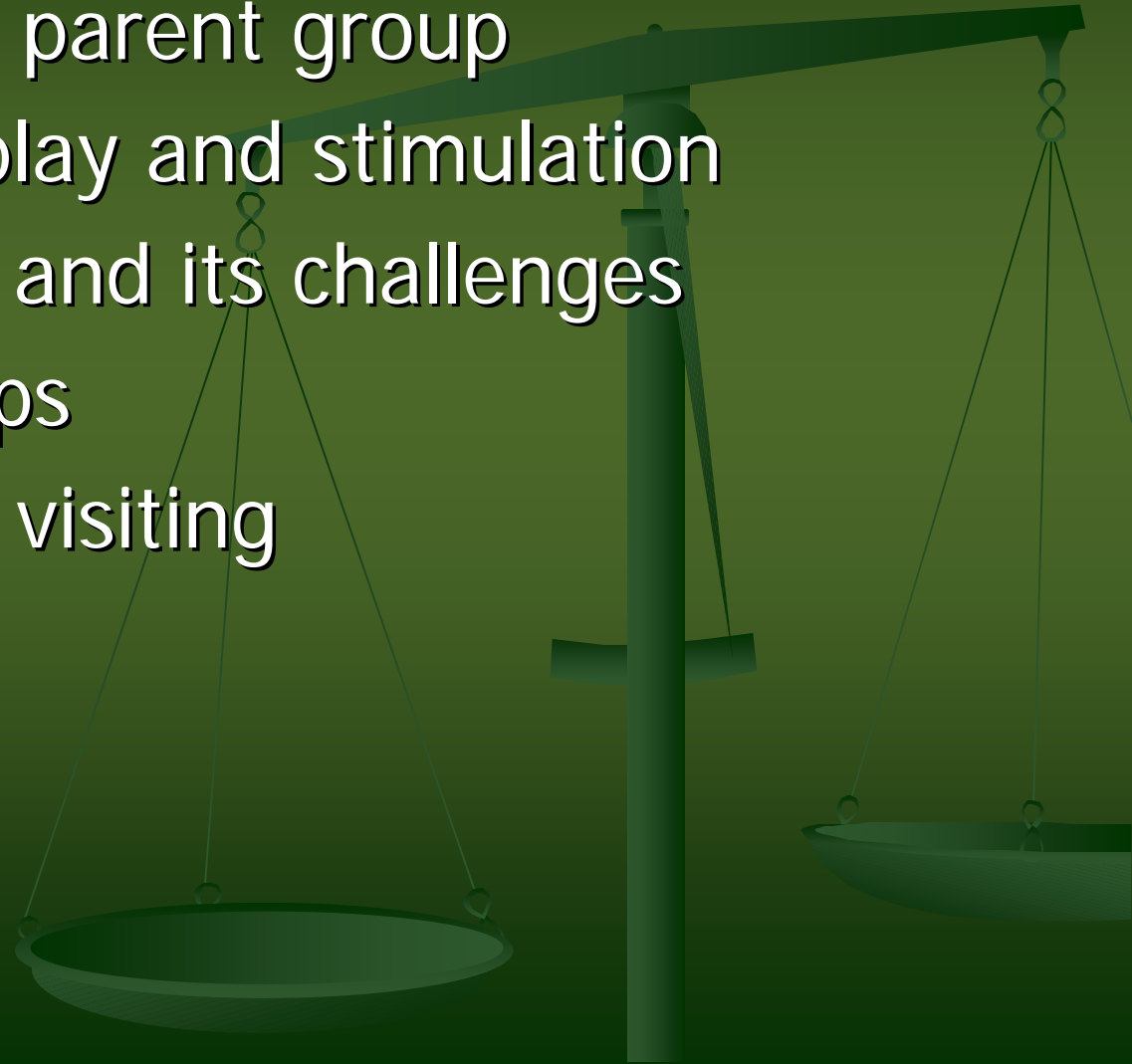
The Time Line - Early Days

- Ante - Natal Package of Care
- Building relationships
- Intensive home visiting
- Pictures and demos
- Team approach



Making Friends

- Introduction to parent group
- Importance of play and stimulation
- Communication and its challenges
- Peer relationships
- Reducing home visiting





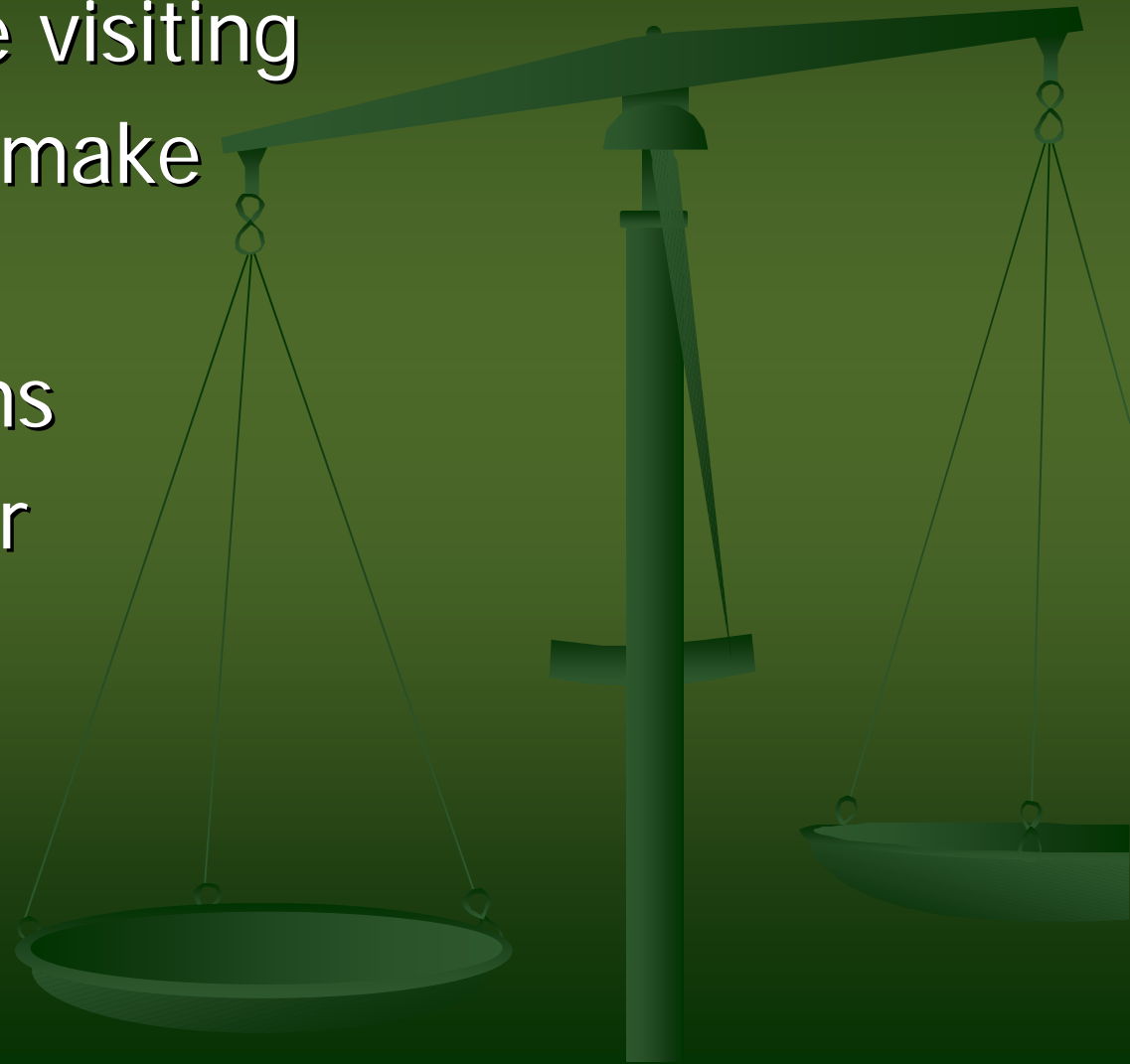






Cook and Eat

- Increased home visiting
- What to buy or make
- Avoiding germs
- Cups and Spoons
- Choosing a chair



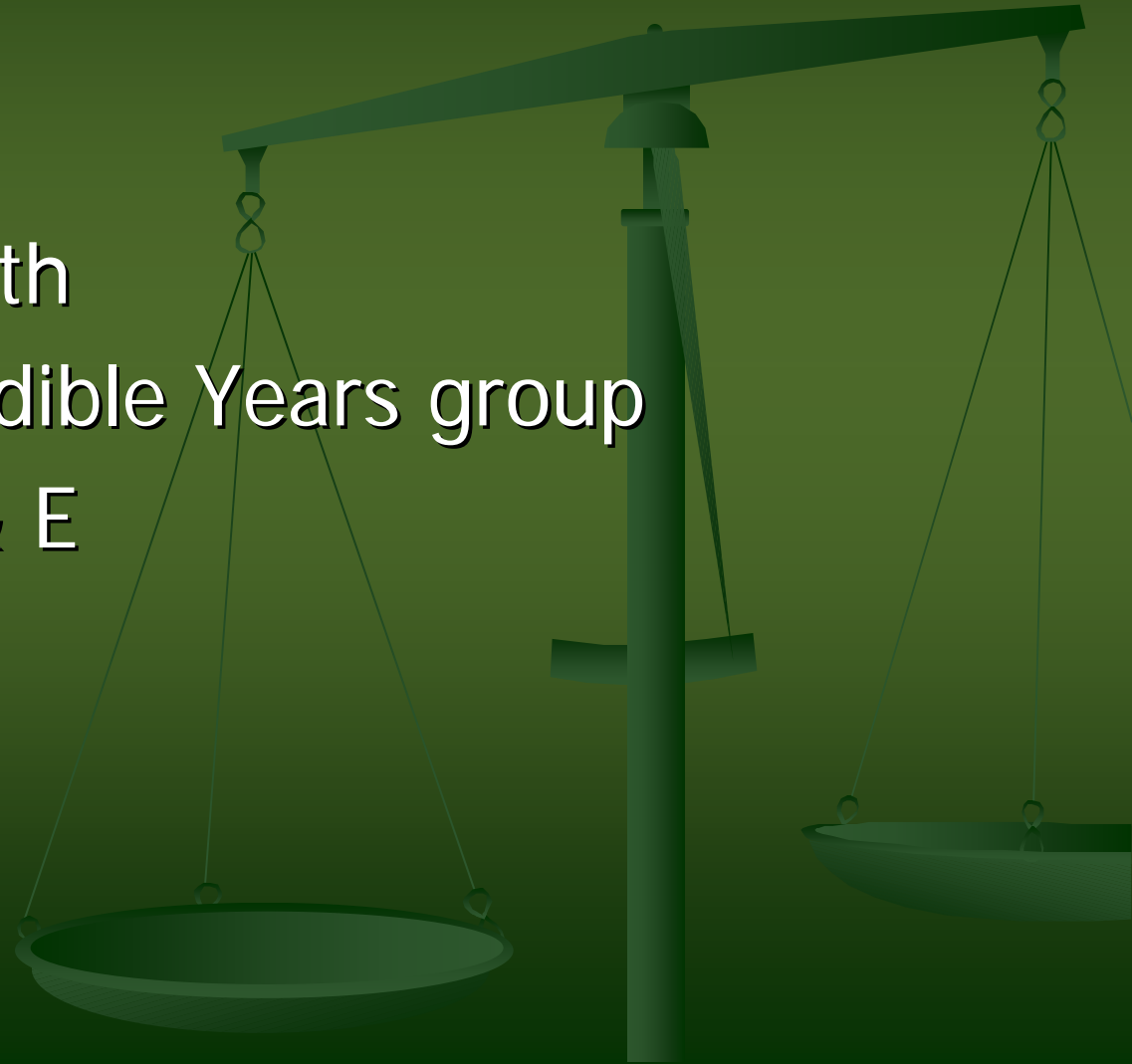
Routine Checks

- 8 month developmental assessment
- Parental expectations
- Constant fear – keeping our baby
- Multi- tasking



Through my Eyes

- Getting mobile
- Keeping safe
- What to play with
- Attending Incredible Years group
- First visit to A & E



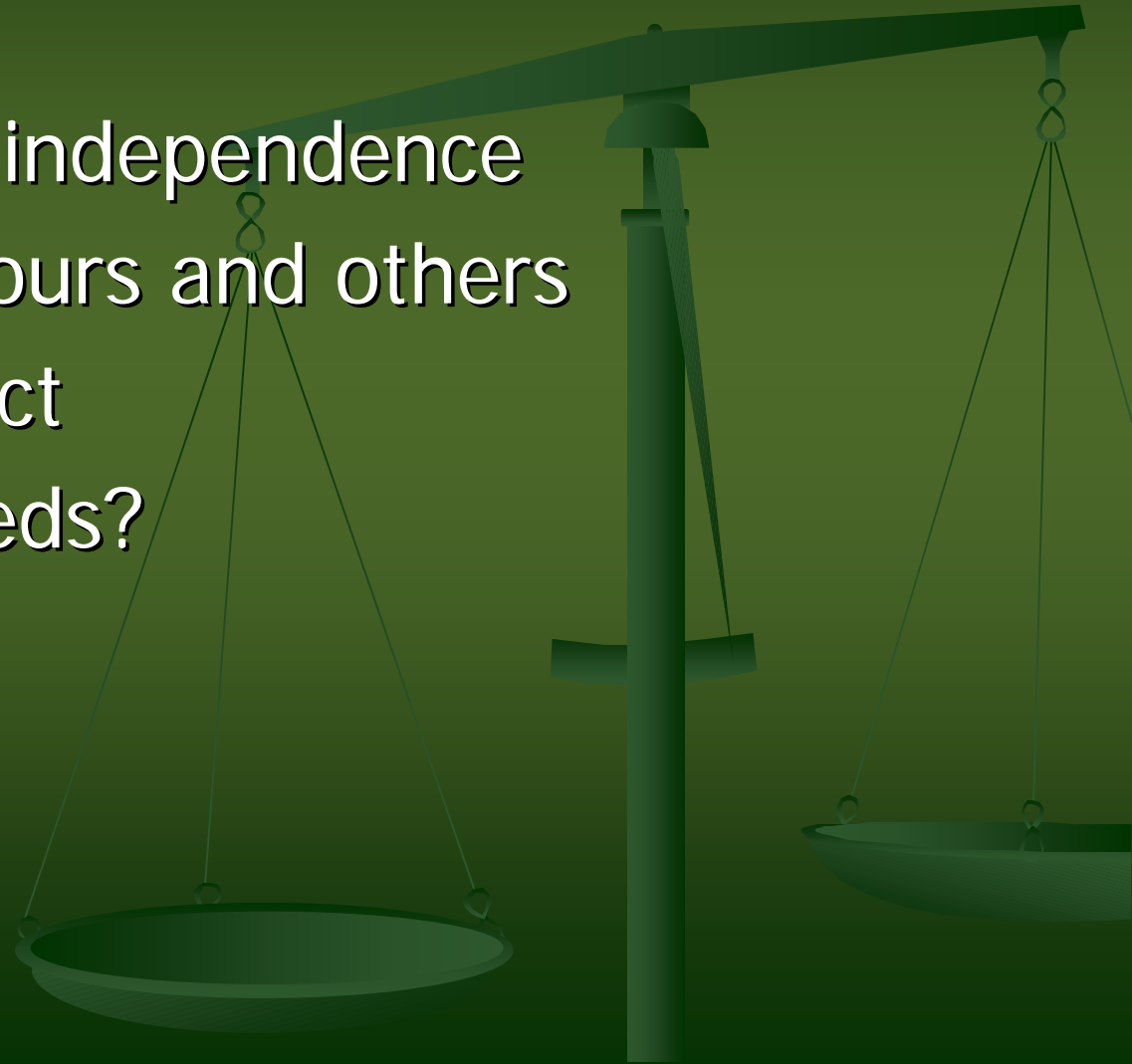






Other People's Perceptions

- Dependence or independence
- Expectations – ours and others
- Managing conflict
- Meeting her needs?



Progress

- Parental anxiety
- Age appropriate development
- 18 month check – increased home visits
- Other Parent Programmes







And Now

- Play and learning
- What age what toy
- Keeping safe at home and away
- Before we go to Childcare

