

NSPCC Resources

Educare - a distance learning pack for all those working with children and young people in a range of settings

Childline Casenote on Bullying - publishing a briefing based on the data that children and young people have spoken to Childline on Bullying

Childline - CHIPS - Ruth Wilson is the CHIPS co-ordinator and will help organise peer support training and workshops for children and young people - services are free

Online survey - Childline are currently running an online poll on the Childline Website asking whether schools effectively tackle bullying.

Leaflet for Parents - Top tips for bullying Wrexham Local Campaign - worked with C & YP, Parents and Carers, and professionals

Offer training for professionals around antibullying - developing a training for trainer pack - contact **Shan Jones Education Advisor** (shanjones@nspcc.org.uk) for more information

WAG - Antibullying network

The Toolkit developed for WAG to help schools improve their antibullying practice will soon be available for schools to use - access through the respecting other web site.

Resources

Helplines

- Childline - 08001111
- NSPCC Helpline - 0808 800 5000
- There4Me - www.There4me.com
- Parentline Plus - -8-8 800 2222

Creating A Bully Free School

Get everyone in your school involved in tackling bullying, not just the teachers, but other pupils and all non teaching staff including lunchtime supervisors and playground assistants.

Raise the profile:

Make sure your school has a good selection of antibullying books and other information in its library. Suggest that the school supports the national antibullying week in November.

Plan antibullying assemblies and discussions in class about bullying - classes could produce posters, picture, poems, stories and plays which could be displayed and shared with the rest of the school.

Below is a list of ideas and initiatives that schools can engage with to help prevent bullying:

- Peer Support - contact your Local CHIPS coordinator at Childline
- Rewards and Positive behaviour recognition
- Positive Playtimes - playground buddies
- Introduce methods of reporting bullying including - worry boxes, text, email and face to face
- Antibullying Training - Contact shanjones@nspcc.org.uk
- Stephen Lawrence Award
- Investors in Pupils
- Healthy Schools - contact your local Healthy school co-ordinator
- Diana Award
- Look at the www.nspcc.org.uk or www.childline.org.uk for resources including the defeat bullying teaching pack.

Critical factors that prevent or promote bullying behaviours in schools

This is an interactive workshop that explores the factors that may exist in schools that allow bullying behaviours to take place, and to look at some possible helpful strategies for both staff and pupils to overcome these.

Personal Details

Shan Jones is the Education Advisor for the NSPCC Cymru Wales. A qualified teacher with over 20 years experience teaching in a variety of schools. Recent work has involved partnership work with Wrexham Local Authority on an Antibullying Campaign. Currently developing a train the trainer pack for antibullying, as well as contributing to initial teacher training on both the role of the teacher in safeguarding and antibullying.

The role of NSPCC Education Adviser is to work in partnership with any agency connected to education, including local education authorities, schools, teachers, teacher training establishments and independent sector providers, to promote safe, listening and responsive schools, where children are respected, cared for, valued and empowered. Advice is offered to education providers on a variety of issues, including peer support schemes, anti-bullying strategies, and safeguarding policies and strategies. Training and longer term consultancy on these issues is also offered.

NSPCC Resources

Websites/ Organisations

NSPCC - www.nspcc.org.uk - Defeat bullying materials

Childline - www.childline.org.uk

Respecting Others - www.respectingothers.org.

Antibullying Alliance - www.anti-bullyingalliance.org

Teachernet - www.teachernet.gov.uk

Children's Commissioner - www.childrenscommissioner.org

Kidscape - www.kidscape.org.uk

Beat bullying - www.beatbullying.co.uk

Young voice - www.young-voice.org.uk

Stonewall - www.stonewall.org.uk

Wise kids - www.wisekids.org.uk

Welsh Assembly Government - WAG

Respecting Others (2003)

Safeguarding in Education - guidance for Local Authorities and Governors (2008)

Department for Children, Schools and family (DCSF) Guidance

- Safe to learn - Embedding antibullying work in schools
- Bullying around racism, religion and culture
- Homophobic bullying
- Cyberbullying
- Special Educational Needs and disability

Guidance around all these issues will be issued from WAG in the Spring

Also the vulnerable children and adults guidance