

Including Fathers is beneficial to us all

We all need to encourage men to
participate positively in the lives of their
children

“Work with fathers...needs to be as a core
component in providing a flying start for our
children and young people.”

Fathers are good for children

The benefits of positive parenting by men is now being measured and evaluated. Research shows the impacts for the child can be in their:

- Physical and mental health
- Social skills and educational development
- Happiness and wellbeing

How can this information be promoted

- * Through peri-natal services such as midwives, health visitors, etc
- * By professionals encouraging mothers to see the benefits
- * By using families and individuals as role models

Why is this not happening in some families?

- The fathers or role models are absent
- Those that are present are negative influences
- They lack the knowledge, skills and confidence
- Some mothers don't want fathers to have an input

Questions

- * What are the potential benefits to children? What are the disadvantages when it isn't present?
- * What can we do in our work practice to support Equal opportunities, and make it more father inclusive?
- * What are the benefits for mothers/women in having fathers involved, what are the difficulties when they are not?