

**Name:** Nazia Akram

**Organisation:** ABCD Cymru

**Contact Telephone/Email:** 029 2025 0055 / [info@abcdcymru.org.uk](mailto:info@abcdcymru.org.uk)

**What are you up to at the moment?**

Advocacy and support for disabled or chronically ill children and young person in black minority ethnic communities in Wales.

**What do you need?**

Networking – Making contact with other organisations in Wales and getting information regarding services they provide or just improving knowledge!

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**Name:** Karen Ryman

**Organisation:** Barnardo's 'Out There' Newport

**Contact Telephone/Email:** 01633 251 192 / [Karen.ryman@barnardos.org.uk](mailto:Karen.ryman@barnardos.org.uk)

**What are you up to at the moment?**

Our service works mainly one-to-one with young people aged 14-19 years. They have a range of support needs and some have mental health issues & may not ever have had support around these issues. These young people can be very difficult to engage.

**What do you need?**

Any good practice, ideas, experience of dealing with mental health issues. Ideas around how to engage young people who are struggling with these issues. Ideas around how to engage them with education/training.

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**Name:** Michelle O'Sullivan

**Organisation:** Llamau

**Contact Telephone/Email:** [michelleosullivan@llamau.org.uk](mailto:michelleosullivan@llamau.org.uk)

**What are you up to at the moment?**

New position within organisation. Specialist mental health work. Post specific to 16/17 year olds.

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**Name:** Adelaide Morgan

**Organisation:** Life Map Planners

**Contact Telephone/Email:** 07971309380 / [Adelaide@lifemapplanners.org](mailto:Adelaide@lifemapplanners.org)

**What are you up to at the moment?**

Providing services to children and young people aged 7-21 years across Wales with initial model programme in Newport. Life Map Planners offer the CYP opportunities the chance to turn their life around through innovative programmes. We work in disadvantaged communities in partnership with statutory and other CYP agencies.

**What do you need?**

Partnership opportunities across Wales. Network support from CYP services. Policy advocacy and campaign opportunities and support. Funding & fundraising support. Mentors and volunteers welcome always. Potential partnership in the upcoming Mental Health Research Project.

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**Name:** Euros Healy

**Organisation:** Cyngor Sir Ceredigion

**Contact Telephone/Email:**

**What are you up to at the moment?**

Dealing with consultation process on the children and young people's plan and writing in partnership with the annual delivery plans for the Children's Partnership and the young people's partnerships in Ceredigion. Also making a bid for the Reaching the Heights Grant. Also organising a youth forum conference on personal and social education.

**What do you need?**

To improve life in Ceredigion and adhere to the seven core aims and ten entitlements we need

1. More money
  2. Greater capacity
  3. The Assembly to really understand the issue of rural poverty for children and young people.
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**Name:** Deb Savery

**Organisation:** PMH Team

**Contact Telephone/Email:** [dsavery@cardiffandvale.nhs.wales.uk](mailto:dsavery@cardiffandvale.nhs.wales.uk)

**What are you up to at the moment?**

Reconfiguring the service. Hopefully spending more time in schools.

**What do you need?**

Information about what's going on around Wales in terms of emotional and mental health.

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**Name:** Carol Floris

**Organisation:** Voices From Care

**Contact Telephone/Email:**

**What are you up to at the moment?**

Organising Leaving Care Conference – October 14th.

**What do you need?**

If people want to have a stall or attend – contact llamau to have a stall – 029 2039 585.

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**Name:** Caryl Stock

**Organisation:** The Amber Project – Working With Young People Who Self-Harm

**Contact Telephone/Email:** 029 2034 4776 / [amber.project@churcharmy.org.uk](mailto:amber.project@churcharmy.org.uk)

**What are you up to at the moment?**

Counselling service 14+. Friday evening workshops. Theatre workshops – starting again in September (exploring issues through theatre). Support Work. Training.

**What do you need?**

Help with – lighting, make up, costumes, scenery. Funding!!!

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**Name:** Ros Williams

**Organisation:** GAVO

**Contact Telephone/Email:** 01495 306 602 / [r.Williams@gavowales.org.uk](mailto:r.Williams@gavowales.org.uk)

**What are you up to at the moment?**

Widening network database. Consulting with small voluntary groups in regards to support needs. Setting up or network meetings regarding small voluntary orgs in autumn. Workshop event autumn regarding – outcome of consultation.

**What do you need?**

Info already received from CIW is very helpful – Send out to network, i.e. training, funding, conferences etc.

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**Name:** Cheryl Martin

**Organisation:** Welsh Women's Aid Children's Services

**Contact Telephone/Email:** 029 2039 0874 / [cherylmartin@welshwomensaid.org.uk](mailto:cherylmartin@welshwomensaid.org.uk)

**What are you up to at the moment?**

Lobbying WAG to highlight the importance of work done with children who have experienced domestic and the need for core funding for services. Have given oral and written evidence to Culture and Communities Committee's Inquiry and developing policies regarding children in refuge. Networking and building new partnership. Training on domestic abuse.

**What do you need?**

Build partnerships with agencies that deal with CYP issues that may be routed in domestic abuse, e.g. substance misuse, mental health, offending, homelessness etc. Develop links to advocacy and mentoring services to benefit CYP experiencing domestic abuse.

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**Name:** Emma Summerill

**Organisation:** NYAS

**Contact Telephone/Email:** 07920213638 / [emma.summerill@nyas.net](mailto:emma.summerill@nyas.net)

**What are you up to at the moment?**

Producing a DVD for Looked After Children. We have started a forum for looked after children. Providing advocacy to all children and young people in Blaenau Gwent.

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**Name:** John O'Sullivan

**Organisation:** Newport YOS

**Contact Telephone/Email:** [john.osullivan@newport.gov.uk](mailto:john.osullivan@newport.gov.uk)

**What are you up to at the moment?**

Introduction to new post at Newport YOS. Previously at Cardiff YOS (last four years).

**What do you need?**

Information on child and adolescent services (both statutory and non-statutory) attempting to meet mental health needs. Also transition services for 16-18 year olds."

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**Name:** Heledd James

**Organisation:** ContinYou Cymru

**Contact Telephone/Email:** [heledd.james@continyou.org.uk](mailto:heledd.james@continyou.org.uk)

**What are you up to at the moment?**

Working with all 22 local education authorities across Wales to develop community focused schools. Key part of this approach is developing multi-agency, working to support the wider needs of children and young people so that they are able to learn.

**What do you need?**

Happy to discuss this approach with anyone who's interested and keen to make links?

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**Name:** Sarah Griffith

**Organisation:** Children's Commissioner for Wales

**Contact Telephone/Email:** [sarah@childcommwales.org.uk](mailto:sarah@childcommwales.org.uk)

**What are you up to at the moment?**

Raising awareness of the children's commissioner with groups of CYP how and why they might get in touch. Raising awareness of UNCRC. Ambassadors project children 7-11 in primary schools.

**What do you need?**

Contacts! – Any worker who works with groups of CYP could feed in issues to the office. Or we can provide info for groups of CYP – How to get in touch with office if needed...Also we can provide workshops on children's rights as part of our awareness raising remit.

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**Name:** Lindsey Hadley

**Organisation:** Amber Project

**Contact Telephone/Email:** 029 2 344776

**What are you up to at the moment?**

Thinking about developing therapeutic art group(s) – adolescents (short term, closed) in the Cardiff area.

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**Name:** Tim Opie

**Organisation:** WLGA

**Contact Telephone/Email:** [tim.opie@wlga.gov.uk](mailto:tim.opie@wlga.gov.uk)

**What are you up to at the moment?**

School based counselling. Maintained Youth Services. 14-19 Learning Pathways. NEET Strategy Consultation. Youth offending. Skills.

**What do you need?**

Greater awareness of gaps in provision and an increased understanding of how multi-agency work can be improved in preventing MH becoming a greater issue for YPs (or indeed an issue at all).

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**Name:** Sabine Hussain

**Organisation:** Welsh Refugee Council

**Contact Telephone/Email:** 029 2043 2976 /  
[Sabina.hussain@welshrefugeecouncil.org](mailto:Sabina.hussain@welshrefugeecouncil.org)

**What are you up to at the moment?**

Working with unaccompanied asylum seeking children throughout Wales.